

-LUNCH-

light bites

- Chicken Popcorn**, saffron aioli *340 kcal* **7**
- Tempura Prawns**, sweet chilli sauce *GF 167 kcal* **4 each**
- Artisan Bread**, oil and balsamic *V 352 kcal* **5**
- Spiced Tempura Vegetables**, a selection of tempura vegetables with dipping sauce *V,GF 217 kcal* **6**

starters

- Soup of the Day**, Croutons, grated cheese *V* **7**
- New Season English Asparagus**, hollandaise sauce, poached hen's egg *V 388 kcal* **10**
- Ham Hock & Spring Pea Terrine**, piccalilli, toasted sourdough *538 kcal* **10**

mains

- R2R** **Fish & Chips**, thick cut chips, smashed peas, tartare *GFA 825 kcal* **19**
- Smoked Tomato, Spinach & Broad Bean Gnocchi**, cream sauce *VGA 720 kcal* **19**
- Cheeseburger**, slab bacon, relish, skinny fries *785 kcal* **18**
- Harbour Club Sandwich**, grilled chicken, bacon, mayo, hen's egg, lettuce and tomato on toasted bloomer *664 kcal* **12**
- Fish Finger Sandwich**, chopped iceberg lettuce, tartare sauce *391 kcal* **14**
- Grilled Cheese Sandwich**, smoked cheese, aged cheddar, home-made pickle *V 646 kcal* **9**
- Honey Roast Ham Sandwich**, Dijonnaise dressing, green salad leaves *403 kcal* **10**
- Smoked Salmon Sandwich**, Dill crème fraîche, cucumber, lemon *435 kcal* **10**
- Chicken Caesar Salad**, hen's egg, romaine lettuce, croutons, anchovy, Caesar dressing *483 kcal* **14**

sides

- Skinny Fries** *VG 255 kcal* **5**
- Thick Cut Chips** *VG 294 kcal* **5**
- Posh Fries**, Parmesan and truffle oil *296 kcal* **6**
- New Potatoes** *V,GF 353 kcal* **5**
- Three Cheese Truffle Mac & Cheese** *286 kcal* **6**
- Seasonal Greens** *V,GF 189 kcal* **5**
- Mixed House Salad** *V,GF 136 kcal* **5**

V vegetarian • *VG* vegan • *VGA* vegan option available
GF gluten-free • *GFA* gluten-free option available

 @foweyharbourhotel

R2R 50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

HARBOUR

KITCHEN, BAR & TERRACE