

POOL TIMETABLE

	MON	TUE	WED	THUR	FRI		SAT		SUN
6 - 8.30AM	Lane swim	Lane swim	Lane swim	Lane swim	Lane swim	6 - 8AM	Lane swim	6 - 8AM	Lane swim
9 - 9.30AM	Lane swim	Lane swim	Lane swim	Lane swim	Lane swim	8 - 8.45AM	Aqua swim	8.30 - 10.30AM	Lessons & free swim
9 - 11AM	Children's free swim	Children's free swim	Children's free swim	Children's free swim	Children's free swim	8.45 - 10.30AM	Free swim	11AM - 5PM	Free swim
10AM - 1PM	Free swim	Free swim	Free swim	Free swim	Free swim	9 - 11AM	Children's free swim		
1 - 3PM	Lane swim	Lane swim	Lane swim	Lane swim	Lane swim	11AM - 2PM	Free swim	5 - 6PM	Lane swim
3 - 4PM	Free swim	Free swim	Free swim	Free swim	Free swim	2 - 9PM	Free swim	6 - 8PM	Free swim
3 - 5PM	Children's free swim	Children's free swim	Children's free swim	Children's free swim	Children's free swim				
4 - 6PM	Lessons & adults only	Lessons & free swim	Lessons & free swim	Lessons & free swim	Free swim				
4.30 - 5.30PM	Free swim	Free swim	Free swim	Free swim	Aqua class & free swim				
6 - 9PM	Free swim	Free swim	Free swim	Free swim	Free swim				

	FREE SWIM	LANE SWIM	LESSONS	CHILDREN'S FREE SWIM <i>(Under 16's)</i>
LANE ALLOCATION	One lane for swimming, three lanes free	Two lanes for lessons, two lanes free	Two lanes for swimming, two lanes free	One lane for swimming, three lanes free