

# CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Yoga 10 - 11AM				
		Yoga 11.15AM - 12.15PM				
Yoga 2 - 3PM						
	Conditioning 6 - 7PM					

MORE CLASSES COMING SOON...



H<sup>A</sup><sub>R</sub>SPA