

# SUNDAY

## LIGHT BITES

<b>Feta Stuffed Peppers (V)   255 kcal</b>	<b>5</b>
<b>Spiced whitebait</b> Sriracha mayo   459 kcal	<b>7</b>
<b>Tempura prawns</b> Sweet chilli sauce   167 kcal	<b>3.95 each</b>
<b>Local oysters</b> Cold 'au naturel'   13 kcal Hot in tempura batter   112 kcal Please ask about seasonal availability	<b>4 each</b>

## STARTERS

<b>Soup of the day (V)</b> Croutons, grated cheese	<b>7</b>
<b>Twice baked cheese soufflé (V)   516 kcal</b> Add smoked haddock   37 kcal	<b>9.50</b> 2.50
<b>Seared mackerel fillet</b> Beetroot, horseradish, watercress   371 kcal	<b>9</b>
<b>South West mussels (GF)</b> Local cider, grilled leeks, cream   328 kcal	<b>9.50</b>
<b>Burrata mozzarella</b> Peas, broad beans, sorrel, mint and sorrel pesto   416 kcal	<b>12</b>
<b>Crispy beef salad</b> Wavy noodles, shiitake mushrooms, cashews, chilli, coriander   268 kcal	<b>10</b>
<b>Prawn cocktail (GF)</b> Chopped lettuce, avocado, cucumber, pink prawns, spiced dressing   491 kcal	<b>12</b>

## ROASTS

**Sunday roasts are served with a selection of vegetables and cauliflower cheese**

<b>Roast beef</b> Yorkshire pudding, horseradish sauce, red wine jus   755 kcal	<b>20</b>
<b>Roast chicken</b> Sage and lemon, stuffing, bread sauce   852 kcal	<b>19</b>
<b>Nut roast (VG)</b> Vegan cauliflower cheese, cep gravy   543 kcal	<b>18</b>

## MAINS

<b>Catch of the day</b> Please ask for today's catch	<b>MP</b>
<b>Harbour fish &amp; chips (GFA)</b> Thick cut chips, smashed peas, tartare   825 kcal	<b>18</b>
<b>Cod &amp; crab</b> Fillet of cod with a crab and herb crust, creamy mashed potato, peas, butter sauce   761 kcal	<b>23.50</b>
<b>Confit duck leg</b> Sweet young peas, lettuce, bacon and mint   407 kcal	<b>21</b>
<b>Spinach &amp; ricotta ravioli (V)</b> Buffalo ricotta, green pesto, toasted hazelnuts   433 kcal	<b>19</b>
<b>Shallot &amp; goat's cheese tarte tatin (V)</b> Wholegrain mustard, watercress   537 kcal	<b>18</b>
<b>Shellfish linguine</b> Prawns, mussels, squid, tomato, cream   612 kcal	<b>22</b>
<b>Fillet of sea bass</b> New potatoes, clams and sea vegetables   471 kcal	<b>21</b>

## GRILLED SHELLFISH

<b>Grilled tiger prawns (GF)</b> Garlic butter, samphire   214 kcal How many would you like?	<b>3.75 each</b>
<b>Simple grilled scallops (GF)</b> In a half shell, bacon crumb   181 kcal How many would you like?	<b>4.50 each</b>

## SIDES

<b>Skinny fries (VG/GF)   255 kcal</b>	<b>4</b>
<b>Thick cut chips (VG/GF)   294 kcal</b>	<b>4</b>
<b>Seasonal greens (V/GF)   189 kcal</b>	<b>5</b>
<b>Creamy mash (V/GF)   200 kcal</b>	<b>4</b>
<b>Mixed house salad (VG/GF)   136 kcal</b>	<b>4</b>
<b>New potatoes, soft herb butter (V)   214 kcal</b>	<b>6</b>
<b>Three cheese truffle mac &amp; cheese   286 kcal</b>	<b>6</b>
<b>Posh fries with Parmesan &amp; truffle (GF)   296 kcal</b>	<b>5</b>

 @StIvesHarbourHotel

(V) Vegetarian | (VG) Vegan | (GF) Gluten-free | (GFA) Gluten-free available

### ROOM TO REWARD

50p from every sale of this dish will go to Room to Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.