

# ALEX AITKEN

## CHEF PATRON



*Alex Aitken, Chef Patron for The Jetty, is one of the South of England's most respected chefs and a thirty-year veteran of cooking in the New Forest.*

His culinary expertise began on the sea, where he worked as a fisherman, giving him unparalleled knowledge of fish and seafood. He then taught himself to cook, before starting, in 1983, his own highly-acclaimed restaurant, Le Poussin in Brockenhurst.

He won his first Michelin Star in 1995, which he subsequently held for 14 years.

From the beginning, he has championed using simple, seasonal and locally-sourced ingredients to produce outstanding fresh food. He has received multiple awards and accolades throughout his career for creating menus that showcase the region's finest flavours.