

## Continental

£12.00 per person. Please choose a selection from the following: Toasted Bloomer | 253 kcal • Freshly Baked Baguette | 253 kcal Croissant | 214 kcal • Pain au Chocolat | 281 kcal
Greek Yoghurt Plain | 131 kcal Add Fruit Berry Compote | 89 kcal Sliced Smoked Salmon, Capers & Lemon | 67 kcal
Hand Cut Ham | 36 kcal Cheese | 82 kcal
Fresh Fruit Salad | 49 kcal Harbour Muesli | 162 kcal
Special K • Fruit & Fibre • Cornflakes • Weetabix • Cheerios (refer to pack)



## From the Kitchen

Avocado & Poached Egg on Sourdough Toast £8.00 | 352 kcal Eggs Benedict £8.00 | 609 kcal Eggs Royal £9.00 | 637 kcal Scrambled Egg on Toast £7.00 | 451 kcal Heinz Baked Beans on Toast £5.00 | 386 kcal Scrambled Egg & Smoked Salmon £9.00 | 566 kcal The Full English: Sausage, Back Bacon, Tomato, Mushrooms, Baked Beans & Egg £12.00 | 626 kcal Vegetarian English: Veggie Sausage, tomato, Mushrooms, Baked Beans & Egg £11.00 | 540 kcal

## **Morning Beverages**

Very Bloody Mary £8.50 • Bucks Fizz £10.95 • Champagne £10.95



## **Hot Drinks**

 $\begin{array}{l} \mbox{Espresso $\pounds 2.50 | 2 \ \mbox{kcal} \ \bullet \ \mbox{Double Espresso $\pounds 3.25 | 4 \ \mbox{kcal} \ \bullet \ \mbox{Americano $\pounds 3.25 | 2 \ \mbox{kcal} \ \bullet \ \mbox{Flat White $\pounds 3.50 | 42 \ \mbox{kcal} \ \mbox{Cappuccino $\pounds 3.50 | 49 \ \mbox{kcal} \ \bullet \ \mbox{Latte $\pounds 3.50 | 53 \ \mbox{kcal} \ \bullet \ \mbox{Macchiato $\pounds 2.75 | 54 \ \mbox{kcal} \ \bullet \ \mbox{Double Macchiato $\pounds 3.50 | 68 \ \mbox{kcal} \ \mbox{Tea $\pounds 3.50 | 2 \ \mbox{kcal} \ \bullet \ \mbox{Hot Chocolate $\pounds 3.75 | 187 \ \mbox{kcal} \ \$ 

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require around 2000 kcal per day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.