

## BAR MENU

Available from 12pm until 9pm

### LIGHT BITES

Chicken popcorn 7  
Saffron aioli | 340 kcal

Artisan bread V 5  
Oil and balsamic | 352 kcal

Tempura prawns GF 4 each  
Sweet chilli sauce | 167 kcal

Spiced tempura vegetables V, GF 6  
A selection of tempura vegetables with dipping sauce | 217 kcal

### MAINS

Harbour Fish & Chips GFA 19  
Thick cut chips, smashed peas, tartare | 825 kcal

Herb-Crusted Roast Cod 24  
Poached hen's egg, colcannon mash, butter sauce | 844 kcal

Roast Chicken Supreme GF 22  
Balsamic shallots, red wine purée and cocotte potatoes | 788 kcal

Butternut Squash Risotto V, VGA 19  
Toasted pumpkin seeds, crispy cavolo nero and cheesy onion crunchies | 729 kcal

### SANDWICHES & BURGERS

Available 12pm to 5pm

Sandwiches available on gluten-free bread

Harbour Club 14  
Grilled chicken, bacon, mayo, hen's egg, lettuce  
and tomato on toasted bloomer | 664 kcal

Prawn Cocktail 12  
Atlantic prawns, mixed salad leaves, shellfish mayo,  
cocktail sauce, on granary bloomer | 541 kcal

Fish Finger GFA 13  
Chopped iceberg lettuce, tartare sauce | 391 kcal

Honey Roast Ham 10  
Dijonnaise dressing, green salad leaves | 403 kcal

Grilled Cheese V 9  
Smoked cheese, aged cheddar, home-made pickle | 646 kcal

Smoked Salmon 12  
Dill crème fraîche, cucumber, lemon | 435 kcal

Harbour Hamburger 19  
Lettuce, tomato, burger relish, brioche bun, fries | 892 kcal  
Add West Country cheddar or blue cheese | 112/141 kcal 2  
Add maple-cured slab bacon | 201 kcal 2.5

 @SidmouthHarbourHotel

V vegetarian • VGA vegan option available • GF gluten-free • GFA gluten-free available

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

UPPER DECK  
• BAR & RESTAURANT •