HARBOUR

BAR + RESTAURANT

BREAKFAST MENU

Please help yourself to our continental table, included in our bed and breakfast packages. Hot dishes are prepared fresh to order from the kitchen and served at your table.

Fresh Coffee • Teas • Infusions

Juices: Orange | 85 kcal • Apple | 94 kcal • Cranberry | 82 kcal • Pink Grapefruit | 82 kcal

Bucks Fizz	£9
Bloody Mary	£11
Moët & Chandon Impérial, Brut NV (125ml)	£12.50
Wild Idol Non-Alcoholic Sparkling Rosé (125ml)	£10

Choose From: malted brown, white bloomer, sourdough or gluten-free toast

Sautéed Mushrooms VG, GFA Soya cream, thyme butter | 417 kcal

Two Poached Eggs V, GFA Crushed peas, broad beans, lemon | 437 kcal

Coconut & Oat French Toast V, GFA Raspberry chia jam, blueberries, maple | 549 kcal

Eggs Any Style GFA Two hen's eggs, poached, boiled, scrambled or fried | 116 kcal per 100g

Eggs Benedict | 693 kcal • Eggs Royale | 734 kcal • Eggs Florentine V | 467 kcal

Spinach & Ricotta Soufflé Omelette V, GFA Chives, shallots and watercress | 429 kcal

Sausage & Egg Morning Brioche

Cumberland sausage patty, fried egg, cheese and hash browns stacked in a toasted brioche | 617 kcal

Pancakes

Served with bacon and maple syrup | 383 kcal or berries and coconut yoghurt v | 231 kcal

Harbour Full English GFA

Sausage, back bacon, black pudding, tomato, mushrooms, bubble and squeak, baked beans and eggs your way | 609 kcal

Vegetarian English V, GFA

Vegetarian sausage, tomato, mushrooms, bubble and squeak, baked beans and scrambled eggs | 761 kcal

Join the club @harbour_beachclub

v vegetarian • VG vegan • GFA gluten-free available

If you are booked on a breakfast inclusive package, there is no charge for Hot Dishes.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT. HARBOUR

Beach Club

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