

HARBAR+KITCHEN

BREAKFAST

PLEASE HELP YOURSELF TO OUR CONTINENTAL TABLE.
HOT DISHES ARE PREPARED FRESH TO ORDER FROM THE KITCHEN AND SERVED AT YOUR TABLE.

CONTINENTAL ONLY £12 • CONTINENTAL & HOT DISH £18

DRINKS

HOT DRINKS

FRESH COFFEE • TEAS • INFUSIONS

SPECIALITY COFFEE

ESPRESSO 3.25 ⁹KCAL • DOUBLE ESPRESSO 4.25 ¹⁸KCAL • AMERICANO 4.25 ⁹KCAL
CAPPUCCINO 4.75 ⁶²KCAL • LATTE 4.75 ⁵⁶KCAL • FLAT WHITE 4.5 ⁹5 KCAL

MORNING BEVERAGES

BUCKS FIZZ 9 • MOËT & CHANDON IMPÉRIAL, BRUT NV ^(125ML) 12.5
BLOODY MARY 11 • WILD IDOL NON-ALCOHOLIC SPARKLING ROSÉ ^(125ML) 10

ON TOAST

CHOOSE FROM: MALTED BROWN, WHITE BLOOMER, SOURDOUGH OR GLUTEN FREE TOAST

SAUTÉED MUSHROOMS **VG, GFA**

SOYA CREAM, THYME BUTTER ⁴¹⁷KCAL

TWO POACHED EGGS **V, GFA**

CRUSHED PEAS, BROAD BEANS, LEMON ⁴³⁷KCAL

COCONUT & OAT FRENCH TOAST **V**

RASPBERRY CHIA JAM, BLUEBERRIES, MAPLE ⁵⁴⁹KCAL

EGGS ANY STYLE **GFA**

TWO HENS' EGGS, POACHED, BOILED SCRAMBLED OR FRIED ¹¹⁶KCAL PER 100G

FROM THE KITCHEN

EGGS BENEDICT ⁶⁹³KCAL • EGGS ROYALE ⁷³⁴KCAL • EGGS FLORENTINE **V** ⁴⁶⁷KCAL

BAKED EGGS **V, GF**

ROMERO PEPPERS, TOMATO, HARISSA YOGHURT, CORIANDER, CHILLI FLAKES ⁶¹⁷KCAL

SPINACH & RICOTTA SOUFFLÉ OMELETTE **V, GF**

CHIVES, SHALLOTS AND WATERCRESS ⁴²⁹KCAL

SAUSAGE & EGG MORNING BRIOCHE

CUMBERLAND SAUSAGE PATTY, FRIED EGG, CHEESE AND HASH BROWNS STACKED IN A TOASTED BRIOCHE ⁶¹⁷KCAL

PANCAKES

SERVED WITH BACON AND MAPLE SYRUP ³⁸³KCAL

OR BERRIES AND COCONUT YOGHURT **V** ²³¹KCAL

HARBOUR FULL ENGLISH **GFA**

SAUSAGE, BACK BACON, BLACK PUDDING, TOMATO, MUSHROOMS, BUBBLE AND SQUEAK,
BAKED BEANS AND EGGS YOUR WAY ⁶⁰⁹KCAL

VEGAN ENGLISH **VG, GF**

VEGAN SAUSAGE, TOMATO, MUSHROOMS, BUBBLE AND SQUEAK, BAKED BEANS AND SCRAMBLED TOFU ⁷⁶¹KCAL

 @BRIGHTONHARBOURHOTEL

V VEGETARIAN • **VG** VEGAN • **GFA** GLUTEN-FREE AVAILABLE

IF YOU ARE BOOKED ON A BED & BREAKFAST INCLUSIVE PACKAGE, THERE IS NO CHARGE FOR CONTINENTAL BREAKFAST OR HOT DISHES.

IF YOU ARE CONCERNED ABOUT ANY FOOD ALLERGIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO A MEMBER OF THE TEAM WHO WOULD BE DELIGHTED TO ASSIST. ADULTS REQUIRE APPROXIMATELY 2000 KCAL A DAY. ALL PRICES ARE INCLUSIVE OF VAT.

BRIGHTON

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