

Dinner

HARBAR

KITCHEN | BAR | TERRACE

Bites

House Marinated Olives **VG** 211 kcal 5

Salt Crusted Sourdough, butter or olive oil balsamic **V** 317 kcal 5

Starters

Lamb Kofta, pickled red cabbage, guindilla pepper, cucumber mint yoghurt, pitta 518 kcal 9

Pea, Watercress & Mint Soup, goat's cheese crostini **V** 321 kcal 9

Shrimp Ravioli, wilted spinach, brown shrimp beurre noisette 479 kcal 10

Sticky Beef Flour Taco, slow-cooked brisket, spiced BBQ sauce, guacamole and sour cream 455 kcal 10

Twice Baked Cheese Soufflé, mature cheddar, glazed cheese crust **V** 516 kcal 9.5

Add - Smoked Haddock 114 kcal 4

Severn & Wye Smoked Salmon, soda bread, lemon 214 kcal 12

Rainbow Beets, guacamole and hazelnut dukkah **VG** 388 kcal 9

Mains

Seared Fillet of Bream, saffron mash, grilled fennel, samphire, sauce vierge 714 kcal 22

Spring Pea & Enoki Mushroom, poached hen's egg, black truffle shavings **V** 859 kcal 20

Grilled Salmon Fillet, soba noodles, tamari sauce, choy sum, sesame seeds 711 kcal 23

Roast Rump of Lamb, harissa yoghurt, charred courgette and baby aubergine, hazelnut, pomegranate, mint green sauce 892 kcal 26

Teriyaki Duck Rice Bowl, sesame, pak choi, green onion, chilli 671 kcal 19

HarBAR Fish & Chips, thick cut chips, crushed peas, tartare sauce 825 kcal 19.5

Chicken Jalfrezi, fragrant basmati rice, naan bread 912 kcal 22

Crispy Fried Chicken Burger, mature cheddar, chipotle mayonnaise, slaw, brioche bun, fries 921 kcal 18

Grilled

Mixed Grill, marinated chicken skewer, lamb chop, bavette steak, merguez sausage, chargrilled pitta, grilled chilli pepper, hummus dip, feta salad 1458 kcal 29.5

Marinated Swordfish Steak, baby new potato, fine beans, olives tomato, green sauce 714 kcal 22

Vegan Burger, vegan cheddar cheese, lettuce, tomato, pickled red onion, brioche bun, fries **VG** 792 kcal 17

HarBAR Smashed Burger, double 3oz 100% beef burger patties, topped with mature cheddar slice, crispy onion, iceberg, tomato, relish, burger sauce 878 kcal 18

Add - Fried Egg 135 kcal **V** 1.5 | Streaky Bacon 158 kcal 2 | Extra Patty 132 kcal 4

8oz Sirloin, roast tomato, flat mushroom, watercress, thick cut chips 681 kcal 31.95

8oz Ribeye, roast tomato, flat mushroom, watercress, thick cut chips 716 kcal 32.95

Add a steak sauce - Béarnaise 397 kcal | Peppercorn 201 kcal | Chimichurri 182 kcal 3 each

Sides

French Fries **V** 225 kcal 5

Thick Cut Chips **V** 294 kcal 5

Parmesan & Truffle Fries 294 kcal 7

Mixed Salad House Dressing **V** 148 kcal 5

New Potatoes, parsley, butter **V** 537 kcal 5

Wilted Greens, garlic and chilli **V** 189 kcal 5

Basmati Rice, chilli, spring onion and coriander **V** 236 kcal 5

Mac 'n' Cheese 285 kcal 6

The finer details

V vegetarian | **VG** vegan

Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptors do not include all ingredients.

If you have any allergies, intolerances, or other dietary requirements, or if you require allergen information, please let us know before ordering.

A discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

Adults require approximately 2000 kcal a day.

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