

CLASS TIMETABLE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| | <p>AQUA CIRCUIT with Dan 9AM - 9:45AM</p> <p>Members: free Non-members: £10</p>  | <p>YOGA with Becca 9:30AM - 10:30AM</p> <p>Members: £9 Non-members: £10</p>  | <p>AQUA CIRCUIT with Dan 9AM - 9:45AM</p> <p>Members: free Non-members: £10</p>  | <p>AQUA CIRCUIT with Beata 9AM - 9:45AM</p> <p>Members: free Non-members: £10</p>  |
| | | <p>YOGA with Becca 5:45PM - 6:45PM</p> <p>Members: £9 Non-members: £10</p>  | | |
| <p>PILATES BEGINNERS with Beata 6PM - 6:45PM</p> <p>Members: free Non-members: £12</p>  | <p>LEGS, BUMS & TUMS with Beata 6:30PM - 7:30PM</p> <p>Members: free Non-members: £8</p>  | <p>AQUA AEROBICS with Beata 6:45PM - 7:30PM</p> <p>Members: free Non-members: £10</p>  | | |
| <p>PILATES ADVANCED with Beata 6:50PM - 7:25PM</p> <p>Members: free Non-members: £12</p>  | | <p>YOGA with Becca 7PM - 8PM</p> <p>Members: £9 Non-members: £10</p>  | | |