

Breakfast

Please help yourself to our continental table.

Hot dishes are prepared fresh to order from the kitchen and served at your table.

Continental Only 12 • Continental & Hot Dish 20

Drinks

Fresh Coffee from 2 kcal

Newby Tea, English breakfast | Earl grey | Sencha green tea | Chamomile | Jasmine blossom | Peppermint | Rooibos Orange 2 kcal

Fruit Juice, Apple 94 kcal | Cranberry 101 kcal | Freshly squeezed orange 85 kcal

On Toast

Choose From: malted brown, white bloomer, sourdough or gluten-free toast

Sautéed Mushrooms, soya cream, thyme butter **VG** 417 kcal

Two Poached Eggs, crushed peas, broad beans, lemon **V** 437 kcal

Crushed Avocado & Poached Hen's Egg on Toast **V** 329 kcal

Coconut & Oat French Toast, raspberry chia jam, blueberries, maple **V** 549 kcal

Two Hen's Eggs Any Style, poached, boiled, scrambled or fried **V** 116 kcal per 100g

From The Kitchen

Eggs Benedict 693 kcal | **Eggs Royale** 734 kcal | **Eggs Florentine** **V** 467 kcal

Spinach & Ricotta Soufflé Omelette, chives, shallots and watercress **V** 429 kcal

Sausage & Egg Morning Brioche, Cumberland sausage patty, fried egg, cheese and hash browns stacked in a toasted brioche 617 kcal

Pancakes, served with bacon and maple syrup 383 kcal *or* berries and coconut yoghurt **V** 231 kcal

Harbour Full English, sausage, back bacon, black pudding, tomato, mushrooms, bubble and squeak, baked beans and eggs your way 609 kcal

Vegetarian English, vegetarian sausage, tomato, mushrooms, bubble and squeak, baked beans and eggs your way **V** 761 kcal

Morning Beverages

Bloody Mary 12

Bucks Fizz 125ml 10

Moët & Chandon Impérial, Brut NV 125ml 16.5

Wild Idol Non-Alcoholic Sparkling Rosé 125ml 12

The finer details

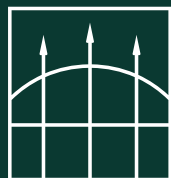
V vegetarian | **VG** vegan

Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptors do not include all ingredients.

If you have any allergies, intolerances, or other dietary requirements, or if you require allergen information, please let us know before ordering.

A discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

Adults require approximately 2000 kcal a day.



THE GATE

KITCHEN • BAR • TERRACE